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SPEECHLESS TO FEARLESS

The Ultimate Course on Public Speaking

COURSE HIGHLIGHTS

- ✓ Option 1: Full Course with pre-recorded video lessons and assignments
- ✓ Option 2: Full course AND 1-to-1 coaching with Animesh, for those who want a Transformation
- ✓ Completely flexible: Control the pace, schedule as per your convenience
- ✓ The only program that will help you conquer the Fear of Public Speaking, and become a more confident speaker
- ✓ Conversational Skills, Expressions, Storytelling, Making dry topics interesting, Interviews, etc.
- ✓ Free Preview and Money-back guarantee (see below)
- ✓ Ages 14+ only; Must understand English



ABOUT ANIMESH



Animesh specialises in enabling people to communicate more powerfully. His talk on Public Speaking on YouTube is currently the most popular one in the world. Academically, he's a Specialist in Psychology from University of Toronto, and an MBA from NMIMS, Mumbai.

He has 12 years of experience in training and coaching, having worked with 25+ leading companies like Deloitte, Adobe, HUL, CISCO, etc., in Denmark, Canada, Sri Lanka, and pan-India. He was the youngest corporate trainer in all of UNICEF, worldwide. He has also conducted workshops with institutes like IIT Bombay, IIM Indore, NMIMS, etc.

Read more about him or watch his videos at animeshgupta.in



MAJOR TOPICS COVERED

PART ONE: SPEAKING FEARLESSLY – SHYNESS + NERVOUSNESS

- Is it possible to transform into a great speaker?
- Self-Evaluation: Diagnose your challenges first
- Embracing the anxiety: Re-evaluating the nervousness
- The Dialogue: Get Ready to Conquer your Fear!
- Fear of Forgetting: "What if I forget?"
- Control the "What If" questions; manage Negative Thinking
- Fear of Being Judged: "What will people think?"
- Nervous because of Language? "My English is weak!"
- Anxiety related to answering impromptu questions
- "I speak well but still get nervous!" For the good speakers who face anxiety:
- Dealing with Panic in a High-Stakes situation
- Solve the anxiety to rush through it, get off stage, and end sooner
- Does Anxiety make you want to Escape the situation?
- Problem with Stammering or Mispronouncing?
- Managing Nervousness in the Body (controlling heartbeat, shivering, etc.)
- Overcome Nervousness: Challenge yourself; use Anger as a tactic
- Overcome Nervousness: 4 tactics of using Humour
- Bonus: Conquering Interview anxiety

PART TWO: SPEAKING POWERFULLY – CONTENT + ENGAGEMENT

- Conversational-Skills: Greetings + Small Talk
- Introducing yourself – Formal and Informal Situations
- Body Language Part 1 – while seated
- Body Language Part 2 – while standing
- Creating Powerful Content – Formal and Informal Situations
- Maximise Engagement and speak on ANY topic
- Storytelling: The Key to Speaking Powerfully
- Storytelling – Assignment 5
- Body Language Part 3 – Expressions and Emphasis
- Body Language Part 4 – Active Listening
- Being Concise and Speaking To-The-Point
- How to Describe People and Emotions
- Creating Powerful Speeches: Starting impactfully
- Creating Powerful Speeches: Concluding impactfully
- Handling Questions and Difficult Audience Members
- Preparing Strategically, to succeed on stage
- Visual Appeal and Creating Slides
- Advanced Speeches – Assignment
- Mastery in Public Speaking – Assignment



PART THREE: MASTERING INTERVIEWS

- Overall Style & Body Language
- Small Talk & Pre-Interview chit-chat
- Introducing yourself: “Tell us about yourself”
- Strengths + “Why should you be hired?”
- The Weaknesses
- Answering Behavioural or HR questions
- Dealing with Tricky or “Impossible” questions
- How to Control the Interview!
- “Do you have questions for us?”
- Turning a bad interview around: Last-resort strategy
- Important! How to prepare to master your interviews
- Conquering Interview Anxiety
- Assignment: Feedback or LIVE Mock Interview!

Money-back guarantee on all coaching plans, 70% refund (see FAQ below)
FREE Preview of online course at www.course.animeshgupta.in



COURSE PLANS AND PRICING

<h3>ONLINE COURSE</h3> <p>Includes all course material, but without 1-to-1 sessions</p>	<h3>COURSE + TRIAL SESSION</h3> <p>Includes a trial session, for a comprehensive analysis of your communication-skills</p>	<h3>COURSE + FULL COACHING</h3> <p>Includes a customised coaching plan, min 8 hours of coaching</p>
₹5900	₹9950	₹34000
<ul style="list-style-type: none">• Access to full course with pre-recorded video lessons• 20+ lessons on overcoming stage fright: specific concerns related to fear of Stammering, Forgetting, Struggle with Impromptu, etc.• 15+ assignments to make your content more engaging, to help you communicate more powerfully• Take a Free Preview here, or click button below to enroll	<ul style="list-style-type: none">• Covers everything mentioned in the "online course" option• Includes a coaching session for 90-min with Animesh• Comprehensive evaluation and feedback on the overall way you communicate• Understand your current skillset, desired skillset, gaps between the two, and how to achieve your goals• At the end of 90 minutes, we can design a way forward or a program to help you accomplish all of your goals	<ul style="list-style-type: none">• Covers everything mentioned in the "online course" option• Includes 1 month of coaching and constant contact with Animesh, whenever and as many times you like.• Total of 8 hours with Animesh over 1 month, to be scheduled at your time/day of choice, in sessions of 60-120 minutes• Training on specific areas in depth: anxiety, storytelling, upcoming work presentation, etc.• Free Consultation to design a program for your goals; EMI option; Money-back guarantee• Option to upgrade to 3 months or 16 hours of coaching, for an additional Rs.27,000• Option to upgrade to 6 months or 24 hours of coaching, for an additional Rs.51,000
Enroll Now	Enroll Now	Enroll Now

(If your device doesn't allow opening the above links, go to www.animeshqupta.in)

**We spend blindly on academics, but little on our Communication-Skills or Personality.
Isn't that the biggest mistake of our career?**



FREQUENTLY ASKED QUESTIONS

A) What do I get in the Online Course option, without the Coaching?

Just take the free trial and sample it yourself! There are assignments, videos, handouts... you get everything that's listed on this page - the detailed curriculum is given here.

B) Do you offer offline sessions?

No. Everything is online, and you'd be surprised how much more effective it is!

C) Requirements for this course: Age and Language?

You must be at least 14 years old. It's NOT necessary that you speak English, but you must be able to UNDERSTAND English - since all the material and videos are in English. For coaching option, you must either speak English or Hindi. Please note that this course is NOT to brush up your English. It's not a spoken English course to improve your fluency or vocabulary.

D) What do I get in the Course with Trial Coaching option?

Full access to the course, and a 90-minute coaching session with Animesh.

- Understand your current skillset, desired skillset, gaps between the two, and how to achieve your goals.
- Comprehensive evaluation and feedback on the overall way you communicate.
- Feedback covers Verbal (tone, emphasis, etc.), Non-Verbal (gestures, expressions, etc.), Content, Engagement, Confidence... ALL!
- At the end of 90 minutes, we can design a way forward or a program to help you accomplish all of your goals.

E) Which course option should I go for?

The online course without coaching is a great option, especially if the fee is a big part of your decision. However, the course WITH the coaching is a real game-changer. It's for anyone who: (a) is looking for a transformation, or wants to fast-track their growth, (b) is unhappy with the current social or professional impact of their communication, (c) is in an important or senior role, or is going to be in a competitive environment where these skills will matter a lot, (d) has something important and urgent coming up, like a presentation, interview, etc., (e) is willing to invest time and money to achieve the goals.

Still unsure? Start making progress with the online course, and you can always add the coaching option later!

F) Will I really get value with just 1 trial session?

Absolutely. Although one session is not going to transform your personality or communication-skills, you'll get valuable insights. At the end of our first session, we'll design a way forward or a "journey to transform" your communication-skills. You may need to enroll for a longer coaching program varying from 1 month to 6 months, depending on the extent of your challenges and what all you wish to accomplish.

G) Is the program flexible? What if I become very busy or unavailable in between?

All plans are flexible, and you control the pace. You can use the hours as per your availability. The longer coaching programs allow you to schedule the sessions whenever you want. You can skip few weeks in between or have multiple sessions in a week... however you want.

H) Can I take the Coaching plan ONLY, without online course?

The online course is an excellent supplement to the coaching program. It is highly recommended you opt for both, as the price will not be very different anyway. If you still want to go for coaching only, [please sign up here](#), or contact us.

I) How much time/money is needed to attain ALL my goals?

Money: Rs.5900 for the Online Course without coaching! Yes, you can do all of it by yourself as well, if you're resourceful enough. However, many people need coaching. The Rs.9950 option to add a session will help you gain valuable insights. You can begin making progress right away with the online course first, and then upgrade later if you feel the need.

Time: There's about 5 hours of video content and 15 assignments. If you're "good" and want to refine your skills, it'll take you about 10-20 hours over a month. If you're "average" and need a sizable improvement, then about 15-40



hours over 2-4 months. If you're weaker, then you'll need about 20-60 hours over 6 months or more. For interview prep only, you'll need about 3-7 hours. Rs.5900 for the Online Course without coaching!

J) Do you offer EMI or Installment options? Discounts? Refund policy? GST?

EMI is available when you're checking out using your credit card - most major credit cards allow the EMI. Installment option is available on coaching plans of 6 month or more, which comes to about Rs.15k per month for 6 months. Please call for more details.

Discounts: There are no discounts. People sometimes ask why this course is more expensive than other courses they've seen. It's the same reason why we prefer to go to some doctors we trust, even though they are more expensive.

Refunds: For the main course: We offer free previews that will help you decide if the course is right for you. There's no refund on the course.

For the coaching plan: Cancel within 7 days of signing up. If you haven't used the coaching session, you'll get a full refund on that.

For all other longer coaching plans: You can cancel the program any time for any reason, and you get 70% money back on the coaching fee, minus the pro-rated hours used up in coaching.

Prices are all inclusive, and no extra taxes will be applicable. Checkout here using Paypal which allows any credit/debit card. For PayU money, NEFT, or UPI, [click here](#)

K) Do the courses expire? When/how can I schedule the coaching session?

The online course has a validity of 6 months. However, if you've opted for a trial session, you must use it within 3 months of enrolling.

You can schedule the sessions at your preferred day/time – Mondays to Sundays, 9am to 9pm, IST. It is advisable that you first start going through some of the course content yourself, before you schedule the session. However, if you're in a hurry to progress or if you feel you'll need a lot of personal attention/coaching time with Animesh, you can schedule your session right away.



ENROLL NOW TO SPEAK MORE POWERFULLY >

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Our own life experience and the scientific data, both tell us that communicating better would improve the quality of our life... faster career growth, stronger interpersonal relationships, greater self-esteem (or lower internal anxiety), etc. Yet, we hardly pay enough time or attention to it, and silently accept the consequences. This course is for those who've decided to be proactive and take control. It is for those who want to achieve more, in career and in life.



 ANIMESH GUPTA

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